



WIC:

PROMOTING GOOD
HEALTH THROUGH
NUTRITION AND EDUCATION

The WIC Program provides
AT NO COST
To those who qualify:

Foods high in nutritional value.

Nutrition classes and individual counseling.

Referrals to health care providers and other
helpful services if needed.

FOR MORE INFORMATION CALL:
1-800-433-0746



To file a complaint of discrimination, write USDA, Director,

Office of Civil Rights,
Room 326-W, Whitten Building,
1400 Independence Ave.,
SW, Washington, D.C. 20250-9410
or call 202-720-5964 (voice and TDD).
USDA is an equal opportunity provider and employer.

To file a complaint of religious discrimination, write
Indiana Civil Rights Commission, Indiana Government
Center-N103,
100 North Senate Avenue,
Indianapolis, IN 46204 or call 317-232-2600



**Indiana State
Department of Health**

HEALTHY BABIES ARE OUR JOB



WIC WORKS IN INDIANA
Effective April 1, 2004

WIC



The Women, Infants and Children's Program,
WIC is a special supplemental food and nutrition program.



Those eligible for **WIC** include:

- *Pregnant Women*
- *Breastfeeding Mothers*
(up to one year after delivery)
- *Postpartum nonbreastfeeding mothers*
(up to six months after delivery)
- *Infants*
- *Children under five years of age*



WIC participants receive checks which can be redeemed for specified nutritious foods at designated grocery stores. **WIC** participants also receive nutrition education, nutrition counseling, and referral to other health and social services.

WIC is a special supplemental food program for women, infants, and children, available to all eligible participants without regard to race, color, natural origin, age, sex, disability, or religion.

All persons who receive Medicaid, Food Stamps, and TANF are income-eligible for **WIC**.



To participate in the **WIC** program a person must meet the following conditions:

- *live within a WIC service area*
- *meet income guidelines*
- *have nutritional needs*

INCOME ELIGIBILITY FOR THE WIC PROGRAM

Effective April 1, 2004

Based on H.H.S. Poverty Income Guidelines

HOUSEHOLD SIZE:	ANNUAL INCOME:(UP TO \$)
1	17,224
2	23,107
3	28,990
4	34,873
5	40,756
6	46,639
7	52,522
8	58,405
9	64,288
10	70,171
11	76,054
12	81,937
Each additional person:	5,883



INCOME means total income before deductions.

HOUSEHOLD means a group of related or non-related individuals who are not residents of an institution but who are living as **ONE ECONOMIC UNIT**.

For a **SELF-EMPLOYED PERSON** such as a farmer or a small business owner, the income is deemed to be gross income less business expenses. This figure, as stated in the most recent tax filing, may be used.

